


NOVEMBER 2024 DETROIT

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**GILDA'S CLUB
METRO DETROIT**
An Affiliate of the
CANCER SUPPORT COMMUNITY



MON	TUE	WED	THU	FRI	SAT	SUN
				1	2	3
4 10:30 AM: DIAMOND PAINTING 11:30 AM: LUNCH & CHAT 1 PM: LIVING WITH CANCER GROUP (H) 5:30 PM: NEW MEMBER MEETING 6:30 PM: <u>BREAST GROUP</u>	5 1 PM: PAINTING & JAZZ	6 10:30 AM: WELLNESS WALKERS: INDOOR 11:30: <u>WELLNESS WEDNESDAY DIY SERIES: NON-TOXIC CLEANING PRODUCTS</u>	7 5:30 PM: DURFEE FRIENDSGIVING DINNER 6:30 PM: <u>WREATHS OF GRATITUDE WORKSHOP</u>	8	9	10
11 10:30 AM: DIAMOND PAINTING 11:30 AM: LUNCH & CHAT 1 PM: LIVING WITH CANCER GROUP (H) 5:30 PM: NEW MEMBER MEETING 6:30 PM: <u>LOVING SOMEONE THROUGH CANCER GROUP</u>	12 11:30 AM: <u>LUNCH & LEARN: COMMUNITY SAFETY AND AWARENESS WORKSOP</u> 1 PM: PAINTING & JAZZ	13 10:30 AM: WELLNESS WALKERS: INDOOR 11:30 AM: <u>WELLNESS WEDNESDAY DIY SERIES: HERBAL TEAS</u>	14 4 PM: FAMILY ART TIME 5:30 PM: SPIN & SPILL SOCIAL TIME! 6:30 PM: <u>CANCER FIGHTING SOUP WITH TIFFANY</u>	15	16	17
18 10:30 AM: DIAMOND PAINTING 11:00 AM: <u>REIKI SESSION</u> 11:30 AM: LUNCH & CHAT 1 PM: LIVING WITH CANCER GROUP (H) 5:30 PM: NEW MEMBER MEETING 6:30 PM: <u>YOUNG ADULT GROUP</u>	19 1 PM: PAINTING & JAZZ	20 10:30 AM: WELLNESS WALKERS: INDOOR 11:30 AM: <u>WELLNESS WEDNESDAY DIY SERIES: SKIN CARE</u>	21 4 PM: FAMILY ART TIME 5 PM: KIDS LIVING WITH CANCER GROUP 5PM: LUNG GROUP 5:30 PM: COOKING FOR ONE SERIES	22	23	24
25 10 AM: SOULFUL STEPS WITH TAKE ROOT 11:30 AM: WATERCOLOR FOR BEGINNERS 11:30 AM: LUNCH & CHAT 1 PM: LIVING WITH CANCER GROUP (H) 5:30 PM: NEW MEMBER MEETING	26 1 PM: PAINTING & JAZZ	27 10:30 AM: WELLNESS WALKERS: INDOOR 11:30 AM: <u>WELLNESS WEDNESDAY DIY SERIES: AROMATHERAPY</u>	28 THANKSGIVING DAY 	29	30	