

FEBRUARY 2025 DETROIT

2470 Collingwood St.
Rooms 118 & 120
Detroit MI, 48206
(313) 356-7600

**GILDA'S CLUB
METRO DETROIT**
An Affiliate of the
CANCER SUPPORT COMMUNITY



| MON | TUE | WED | THU | FRI | SAT | SUN |
|---|--|---|---|-----|-----|-----|
| | | | | | 1 | 2 |
| 3 10:30 AM: STITCHING CIRCLE 12:00 PM: LUNCH & CHAT 1 PM: <u>LIVING WITH CANCER GROUP (H)</u> 5:00 PM: NEW MEMBER MEETING 6:00 PM: <u>BREAST CANCER NETWORKING GROUP (H)</u> 6:00PM: CHAIR YOGA (H) | 4 1:00 PM: PAINTING & JAZZ | 5 10:30AM: INDOOR WELLNESS WALKERS | 6 11 AM: COFFEE & COMMUNITY 4:00 PM: FAMILY ART TIME 5:30 PM: DURFEE FAMILY DINNER! 6:00 PM: GROOVE & HUSTLE AT GILDA'S | 7 | 8 | 9 |
| 10 10:30 AM: WATERCOLOR FOR BEGINNERS 12:00 PM: LUNCH & CHAT 1 PM: <u>LIVING WITH CANCER GROUP (H)</u> 5:00 PM: NEW MEMBER MEETING 6:00PM: <u>LOVING SOMEONE THROUGH CANCER (H)</u> | 11 1:00 PM: PAINTING & JAZZ 3:00 PM: LAUGHTER YOGA (H) | 12 10:30AM: INDOOR WELLNESS WALKERS | 13 5:30 PM: SPIN & SPILL SOCIAL TIME! 5:30 PM: CHOP, STIR, SERVE: SOUP MAKING 101 6:30 PM: HEALTH EQUITY BOOK CLUB (H) | 14 | 15 | 16 |
| 17 10:30 AM: DIAMOND PAINTING 12:00 PM: LUNCH & CHAT 1 PM: <u>LIVING WITH CANCER GROUP (H)</u> 5:00 PM: NEW MEMBER MEETING 6:00 PM: <u>YOUNG ADULT THRIVE TRIBE (H)</u> 6:00 PM: CHAIR YOGA (H) | 18 1:00 PM: PAINTING & JAZZ | 19 10:30AM: INDOOR WELLNESS WALKERS 5:00 PM: FAMILIES LIVING WITH CHILDHOOD CANCER FUN DAY! | 20 4:00 PM: ZUMBA (H) 4:00 PM: FAMILY ART TIME 5:30 PM: COOKING FOR ONE SERIES (H) | 21 | 22 | 23 |
| 24 10 AM: SOULFUL STEPS WITH TAKE ROOT 11:00 AM: THE ART OF FABRIC 12:00 PM: LUNCH & CHAT 1 PM: <u>LIVING WITH CANCER GROUP (H)</u> 5:00PM: NEW MEMBER MEETING | 25 1:00 PM: PAINTING & JAZZ | 26 10:30AM: INDOOR WELLNESS WALKERS | 27 5:00PM: <u>LUNG CANCER GROUP (H)</u> 6:00 PM: ZUMBA (H) 7:00 PM: CANCER-FIGHTING SMOOTHIES WITH TIFFANY | 28 | | |