

DECEMBER 2024 DETROIT

2470 Collingwood St.
Rooms 118 & 120
Detroit MI, 48206
(313) 356-7600

**GILDA'S CLUB
METRO DETROIT**
An Affiliate of the
CANCER SUPPORT COMMUNITY



MON	TUE	WED	THU	FRI	SAT	SUN
<p>2 10:30 AM: DIAMOND PAINTING 11:30 AM: LUNCH & CHAT 1 PM: <u>LIVING WITH CANCER GROUP (H)</u> 5:30 PM: NEW MEMBER MEETING 6:30 PM: <u>BREAST CANCER NETWORKING GROUP</u> 6:30 PM: CHAIR YOGA (H)</p>	<p>3 1 PM: PAINTING & JAZZ</p>	<p>4 10:30AM: INDOOR WELLNESS WALKERS 11:30AM: WELLNESS WEDNESDAY: CREATE A SELF-CARE CALENDAR</p>	<p>5 11 AM: COFFEE & COMMUNITY 5:30 PM: SEASON'S EATING AND CRAFTS AT DURFEE!</p>	6	7	8
<p>9 10:30 AM: DIAMOND PAINTING 11:30 AM: LUNCH & CHAT 1 PM: <u>LIVING WITH CANCER GROUP (H)</u> 5:30 PM: NEW MEMBER MEETING</p>	<p>10 1 PM: PAINTING & JAZZ</p>	<p>11 10:30AM: INDOOR WELLNESS WALKERS 11:30AM: WELLNESS WEDNESDAY: FELTED SOAP WORKSHOP</p>	<p>12 4 PM: BOARD GAME NIGHT! 5:30 PM: SPIN & SPILL SOCIAL TIME! 5:30 PM: CANCER FIGHTING SOUP WITH TIFFANY</p>	13	14	15
<p>16 10:00 AM: SOULFUL STEPS 10:30 AM: DIAMOND PAINTING 11:30 AM: LUNCH & CHAT 1 PM: <u>LIVING WITH CANCER GROUP (H)</u> 5:30 PM: NEW MEMBER MEETING 6:30 PM: <u>YOUNG ADULT THRIVE TRIBE (H)</u></p>	<p>17 1 PM: PAINTING & JAZZ</p>	<p>18 10:30AM: INDOOR WELLNESS WALKERS 11:30AM: WELLNESS WEDNESDAY: CREATE A VISION BOARD</p>	<p>19 4:00 PM: ZUMBA! 5:30 PM: COOKING FOR ONE 5:30 PM: GINGERBREAD HOUSE MAKING PARTY</p>	20	21	22
<p>23 11:30 AM: WATERCOLOR FOR BEGINNERS 11:30 AM: LUNCH & CHAT 1 PM: <u>LIVING WITH CANCER GROUP (H)</u></p>	<p>24 CLOSED</p>	<p>25 CLOSED</p>	<p>26 NO IN-PERSON PROGRAMMING</p>	27	28	29
<p>30 NO IN-PERSON PROGRAMMING</p>						